

## Dear Colleagues,

Welcome to this newsletter which aims to provide updates, reminders and some general regulatory and clinical aviation medicine education.

### AMC Completion – reminders

- Upon receipt of an AMC conclusion (either by CAA or if you are named expert) please complete your assessment and dispatch the certificate (if applicable) promptly. Ensure you include the MAR and associated letter to the applicant with a copy to CAA
- Applicants must be informed of their right of review and appeal in case of denial or restrictive certificate. Please see medical information sheet via CAA website, detailing these rights [MIS005](#)
- The conditions (special circumstances) listed on the AMC must be reflected on certificates & MAR
- Please use the updated [AMC Request form](#).

If you have any questions, please contact us.

### HIV Pre Exposure Prophylaxis (PrEP) medication

We have had several enquiries from applicants wishing to commence PrEP prophylactic medication.

This advice is in particular for Atripla and Truvada. There is an initial grounding period on commencement of PrEP to observe for side effects.

### Our recommendations are as follows:

1. Arrange renal function tests with copies of report to you and CAA. These should be repeated in 3- and 6-months' time.
2. If the participant has taken daily dose for a continuous period of two weeks (observation time) without adverse effects, normal current renal function, and no other health concerns then following an ME review, a return to flying may be considered.

A change of conditions letter is needed, as suggested below.

- Subject to renal function tests in three- and six-months' time, and then 6 monthly with copies of reports to ME and CAA.
- Subject to grounding self and informing ME and CAA in the event of any side effects from PrEP medication.

### Suspensions over the holiday period

For suspensions issued throughout December/January period, ensure to take into account the working day definition as per [section 13 of the Legislation Act 2019](#).

Please advise the participants that the suspension timeframe will be longer.

### Licensing Advisors visit:

Sam and Andrea visited the practice of Dr Baldwin in Palmerston North to observe their processes and gain an understanding of a busy practice. We plan to visit more MEs next year to increase our collaboration & gain an understanding of any challenges you face.

### ME training sessions

We are planning more on-line sessions in February 2023. We encourage you to attend to ensure your ongoing aviation medicine training is current and meets our requirements for future delegations.

### Regulatory Training for new MEs

This will take place from February to May 2023, and we hope this will result in filling some ME location gaps around NZ.

### Password protecting information sent from CAA

From January 2023 we plan to password protect documents relating to an individual sent to ME's or their staff. You will be provided with a unique password in advance to open the documents.

### Commenting on surveillance reports

We appreciate your comments when sending through reports/results from applicant as per their surveillance requirements. A simple "normal result" or otherwise as needed is of assistance.

### ME Updates

Dr John (Kobi) Karalus retired at the end of November after several decades of great work as an ME. Thank you Kobi, we wish you all the best in your retirement.



### Office hours

Our office will be closed from midday on Friday 23 December, and we will be back online from Wednesday 4 January but with limited resources.

Please send those MAR and ID requests to us well in advance of the Christmas break.

**Best wishes to you and your loved ones over the Christmas and New Year holiday break.**

# Update for MEs

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A brief update from Aviation Medicine Team

Here at CAA, we recognise and celebrate our long serving employees for their commitment, dedication, and passion for working at the Authority. The Director presented Claude and Andrea with a long service award and celebrated Claude's 20-year milestone and Andrea's 15-year milestone.



Congratulations and thank you for all that you have done over the years

## Photos from Advisor visit to Bulls Flying Doctor Service



*Sam & Andrea took road safety to a whole new level by driving up there in the brightest car available.*

