

Dear Colleagues,

Welcome to this newsletter which contains important information.

CAA ME training day

Our annual ME catch up and education day has been set for 1 November 2024 to be held at CAA National Office, Asteron Centre in Wellington.

Online ME CME training session

After a hiatus the next 1-hour webinar CME session will be at 1800hrs on Tuesday 16th July. The topic is kidney stones. Teams invite has been sent.

EMPIC Update

CAA is implementing the Med-Lite EMPIC Module. This version is not used by participants or Medical Examiners. Over the next few months, the team, particularly the Advisors, will be undertaking user acceptance testing and training in preparation for go live. This may impact response times, and if your query is urgent, please clearly mark it as such so we can prioritise.

Requests for CAA ID

Please advise new participants to register via the online registration portal where they will be provided a CAA Participant ID. See link which includes video help if required
<https://www.aviation.govt.nz/online-services/>

Safe Haven project

Dr David Powell is seeking expression of interest from NZ based MEs to be part of the upcoming Safe Haven programme. Please see the recent email sent to NZ based MEs and email David at david@flyingmedicine.com

Expect further updates about this project later this year.

CAA Act 2023

The team have started to review all documentation and forms in preparation for the new Act which will be implemented in April 2025. Over the coming months all our forms, reports and documentation will be updated to reflect the new Act. Further communication will come out around this.

Headache investigation report

The [Headache Investigation Report](#) was updated in June 2022, but we are still receiving the old version.

Please note: From **1 July 2024** the old version will no longer be accepted by CAA.

Please ensure you are using all the latest versions of all the forms available on our website.

Updated endorsement, conditions, and restrictions list

CAA has reviewed and updated the current list of endorsements, conditions, and restrictions. [Click here](#) for the new list.

The main changes are,

- Reduction and simplification in the number of visual endorsements,
- **New 012** - Must carry a bronchodilator inhaler.
- **New 021** - Not valid for Class 1 single pilot air operations carrying passengers.
- **New 024** - Not valid for carriage of passengers.
- **New 087** - Not valid for rotary wing operations.

The ability to write bespoke endorsements still applies, as required by specific circumstances.

Please start using these new endorsements from **1 September 2024**.

File audits - Common themes.

Just a few reminders related to the common findings from our ongoing routine file audits.

- Incorrect spectacle endorsements,
- Incomplete fields in Q5 Eyes e.g., near vision not tested with single vision distance spectacles,
- Abnormal ECGs without Cardiologist review,
- Participants with previous laser eye surgery should have 5 yearly SER, even post imposed surveillance,
- Answers to alcohol question don't add up e.g. 3-4 units, 2-3 times per week does not equal 2 units per week,

- Participants declarations not followed up by ME e.g., ADHD,
- Tests completed but not included with documentation,
- Routine report dates missing from MAR,
- Endorsements on MAR but not on certificate,
- Spirometry parameters not updated creating inaccurate result,
- No payment of CAA application fee.

The Medical Manual is now available in HTML format as individual topics on the CAA website. [Medical Manual | aviation.govt.nz](#)

Reminder - HIMS NZ Seminar 23/24 July 2024 Auckland

If you haven't already registered, please see the following invitation to the HIMS NZ two-day Seminar in July. We encourage MEs to attend as this will be a great opportunity to learn more about problematic alcohol and other substance use, as well as networking with peers and experts in this field.

SMO Staff Updates

We would like to welcome back Michael Drane who has joined our team as Senior Medical Officer. Michael comes back to the CAA after working in the Middle East (Emirates Airline), Canberra (CASA) and Air New Zealand, as well as many years in clinical practice.

Tony Bonert has resigned from the CAA.

Best regards

[from the Aviation Medicine Team](#)

HIMS NZ CONFERENCE 2024

HIMS (Human Intervention Motivation Study) NZ is a programme for members of the aviation community, aimed at helping anyone whose use of alcohol or other drugs is of concern. A cornerstone of HIMS is the understanding that substance dependence is a treatable medical condition.

HIMS is modelled on well-established overseas programmes which have assisted thousands of pilots return to work. It is an industry-wide effort in which employers, Unions and the Civil Aviation Authority work together to preserve careers and further flight safety. You can read more about HIMS NZ by going to our website: www.hims.org.nz.

We currently have eight aviation organisations who are members of HIMS NZ representing thousands of aviation individuals. Although HIMS NZ has an aviation focus the skills that we have learned and apply are equally relevant to addressing problems within other industries in a unique manner. It is therefore appropriate that we share with others our experience that may hopefully lead in finding pathways to help anyone at risk of dependency issues.

HIMS NZ is holding a two-day conference in Auckland 23/24 July 2024. You are invited to attend the conference to learn more about the disease of dependency with an aviation focus and what HIMS NZ is doing to help others.

We are always looking at ways to make our group stronger and to further assist those with use disorders. Please join us in sharing your ideas and experiences so that we may have a broader base in understanding and assisting affected individuals.

Attached is a flyer with details of the conference. If you are planning on attending could you please complete the registration process by completing this form or email shelly.sydney@airways.co.nz.

Organisations that are affiliated to HIMS NZ are encouraged to nominate individuals who will benefit from attending conference. There will be no registration fee for these people. For organisations or individuals that are not affiliated to HIMS NZ there will be a \$200 pp registration fee that will include catering and refreshments for the two-day event.

I look forward to seeing you at conference in July.

Chris Mehlhopt
Chairman HIMS NZ

HIMS NZ Seminar

23/24 July 2024

Auckland

- International experts Dr Navjot Bedi, Dr Quay Snyder and Captain Craig Ohmsieder lead a workshop on the misuse of alcohol and drugs in the aviation industry.
- Learn about the disease of addiction.
- Learn about the identification, intervention, treatment and monitoring of return to work for aviation professionals.

Where: Air New Zealand HUB, [185 Fanshawe Street, Auckland](#)

Contact:	Chris Mehlhopt	027 450 5015
	Simon Taylor	02102174568
	Shelly Sydney	027 809 5167

Register by [completing this form](#)

Email: shelly.sydney@airways.co.nz

\$200 Registration fee for non HIMS affiliated attendees



HIMS NZ

A Programme for Managing Substance Use Disorders in Aviation